

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

WEEK OF March 28th – April 1st



Monday, March 28th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Forensics Clinic	Lunch/ Down Time	Art Project: Tissue Paper Eggs	Computers	Dragon Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ TOX Rules	Playground (Weather Permitting)	Forensics Clinic	Lunch/ Down Time	Computers	Art Project: Tissue Paper Eggs	Dragon Ball	Snack/ Terminal Station	Merge with ASX

Tuesday, March 29th: Please wear field trip shirt.

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-2:30		2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Bingo	Playground (Weather Permitting)	Protect the President/ Alien Invasion	P/U 12:00 PM Pullen Park 12:30pm - 2:00pm (lunch will be eaten at the park) Return to Site: 2:30 PM		Black Magic	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Bingo	Playground (Weather Permitting)	Alien Invasion/ Protect the President			Black Magic	Snack/ Terminal Station	Merge with ASX

Wednesday, March 30th

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Find The Thimble	Playground (Weather Permitting)	Jeopardy	Lunch/ Down Time	Science: Walking Water	Musical Statues	Mafia	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Find The Thimble	Playground (Weather Permitting)	Jeopardy	Lunch/ Down Time	Musical Statues	Science: Walking Water	Mafia	Snack/ Terminal Station	Merge with ASX

Thursday, March 31st: Please wear field trip shirt.

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-2:30		2:30-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Fox and the Squirrel	Playground (Weather Permitting)	Lunch/ Down Time	P/U 12:00 PM NC Museum of History 12:30pm - 2:00pm Return to Site: 2:30 PM		Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Fox and the Squirrel	Playground (Weather Permitting)	Lunch/ Down Time			Snack/ Terminal Station	Merge with ASX

Friday, April 1st:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-2:00	2:00-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Scrambled Eggs	Playground (Weather Permitting)	Parachute Games/ Concentration	Lunch/ Down Time	Shelf Ball/ Rhyme or Relate	Art Project: Hatching Chick	Scooter Hockey	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Scrambled Eggs	Playground (Weather Permitting)	Concentration/ Parachute Games	Lunch/ Down Time	Rhyme or Relate/ Shelf Ball	Scooter Hockey	Art Project: Hatching Chick	Snack/ Terminal Station	Merge with ASX



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

WEEK OF April 4th – April 8th



Monday, April 4th: If you need your child to attend at an earlier time due to afternoon appointments, please alert staff.

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-4:00	4:00-6:30
Group 1	Merge with BSX	Snack/ How Many Behind Me?	Playground (Weather Permitting)	Alphabet Game/ Satellite	Lunch/ Down Time	Progressive Percussion Specialist Group 1: 1:00 PM - 2:00PM Group 2: 2:00 PM - 3:00PM Group 3: 3:00 PM - 4:00PM	Merge with ASX
Group 2	Merge with BSX	Snack/ How Many Behind Me?	Playground (Weather Permitting)	Alphabet Game/ Satellite	Lunch/ Down Time		Merge with ASX

Tuesday, April 5th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Red Handed	Playground (Weather Permitting)	Hit it Catch it/ Bomb Ball	Lunch/ Down Time	Art Project: Popsicle Stick Chicks	Pilates Clinic	Name Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Red Handed	Playground (Weather Permitting)	Bomb Ball/ Hit it Catch it	Lunch/ Down Time	Pilates Clinic	Art Project: Popsicle Stick Chicks	Name Ball	Snack/ Terminal Station	Merge with ASX

Wednesday, April 6th: Please wear field trip shirt. Children can bring electronics on this day ONLY. Staff are not responsible for lost or stolen items.

	7:00-7:30	7:30 - 5:30	5:30-6:30
Group 1	Merge with BSX	P/U 7:30 AM NC ZOO (Asheboro) 9:30am - 3:30pm Return to Site: 5:30 PM	Merge with ASX
Group 2	Merge with BSX		Merge with ASX

Thursday, April 7th: This is a day filled with special activities and lots of fun to celebrate the end of Track 4's cycle for the school year. Lunch will be provided!

	7:00-9:00	9:00-9:30	9:30-12:00	12:00-1:00	1:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack	Track 4 FINALE Carnival Games, Art, Face Painting, Tattoos and much more!!	Lunch (provided) / Down Time	Track 4 FINALE Outside Games: Playground, Obstacle Course, Relay Races, and Counselor Challenge	Merge with ASX
Group 2	Merge with BSX	Snack		Lunch (provided) / Down Time		Merge with ASX

Friday, April 8th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ In the River, On the Bank	Playground (Weather Permitting)	Science: Solar Ovens	Lunch/ Down Time	Art Project: Bird Feeders	Imagination Stations	Mum Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ In the River, On the Bank	Playground (Weather Permitting)	Science: Solar Ovens	Lunch/ Down Time	Imagination Stations	Art Project: Bird Feeders	Mum Ball	Snack/ Terminal Station	Merge with ASX



ARTS/CRAFTS



FOOD EXPERIENCE



DANCE / DRAMA / MOVEMENT



FIELD TRIP



CLINIC



SCIENCE / NATURE

BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

WEEK OF April 11th – April 15th



Monday, April 11th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Deck Race	Playground (Weather Permitting)	Scategories/ Hot Seat	Lunch/ Down Time	Gladiator	Science: Skittles Experiment	King of the Hill	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Deck Race	Playground (Weather Permitting)	Red Handed/ Hot Seat	Lunch/ Down Time	Science: Skittles Experiment	Gladiator	King of the Hill	Snack/ Terminal Station	Merge with ASX

Tuesday, April 12th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Good Morning Mr. Judge	Playground (Weather Permitting)	Jump Rope Clinic	Lunch/ Down Time	Chimney Dodgeball / Magic Carpet	Field (Choice Play)	Kanga Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Good Morning Mr. Judge	Playground (Weather Permitting)	Jump Rope Clinic	Lunch/ Down Time	Magic Carpet/ Chimney Dodgeball	Field (Choice Play)	Kanga Ball	Snack/ Terminal Station	Merge with ASX

Wednesday, April 13th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Heads Up 7 Up	Playground (Weather Permitting)	Four Square Tournament	Lunch/ Down Time	Dragon Tail (Outside)	Art Project: Rainbow Streamer	Gaga Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Heads Up 7 Up	Playground (Weather Permitting)	Four Square Tournament	Lunch/ Down Time	Art Project: Rainbow Streamer	Dragon Tail (Outside)	Gaga Ball	Snack/ Terminal Station	Merge with ASX

Thursday, April 14th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Name Six	Playground (Weather Permitting)	Ghost in the Graveyard/ Chief	Lunch/ Down Time	Imagination Stations	Art Project: Paper Kites	Freeze Dance	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Name Six	Playground (Weather Permitting)	Chief/ Ghost in the Graveyard	Lunch/ Down Time	Art Project: Paper Kites	Imagination Stations	Freeze Dance	Snack/ Terminal Station	Merge with ASX

Friday, April 15th: Please wear field trip shirt.

	7:00-9:00	9:00-11:30	11:30-12:00	12:00-1:00	1:00-1:45	1:45-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	P/U 9:00AM Sky Zone 9:30am - 11:00am Return to Site: 11:30 AM	Battalion/ Personal Pinball	Lunch/ Down Time	This is a What/ Spot the Loin	Field (Choice Play)	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX		Persona Pinball/ Battalion	Lunch/ Down Time	Spot the Loin/ This is a What		Snack/ Terminal Station	Merge with ASX



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BRIER CREEK TRACK OUT X-PRESS PROGRAM – TRACK 4

WEEK OF April 18th – April 22nd



Monday, April 18th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Look Up	Playground (Weather Permitting)	Soccer Clinic	Lunch/ Down Time	Food Experiment: Apple Pie in a Cup	Computers	Bumper Ball	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Look Up	Playground (Weather Permitting)	Soccer Clinic	Lunch/ Down Time	Computers	Food Experiment: Apple Pie in a Cup	Bumper Ball	Snack/ Terminal Station	Merge with ASX

Tuesday, April 19th:

	7:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-1:00	1:00-1:45	1:45-2:30	2:30-3:00	3:00-3:45	3:45-6:30
Group 1	Merge with BSX	Snack/ Barnyard	Playground (Weather Permitting)	Shuffle Board Tournament	Lunch/ Down Time	Disney Scene It	Line Soccer	Limbo	Snack/ Terminal Station	Merge with ASX
Group 2	Merge with BSX	Snack/ Barnyard	Playground (Weather Permitting)	Shuffle Board Tournament	Lunch/ Down Time	Line Soccer	Disney Scene It	Limbo	Snack/ Terminal Station	Merge with ASX

Wednesday, April 20th:

Track 4 back in school

Thursday, April 21st:

Track 4 back in school

Friday, April 22nd:

Track 4 back in school

Brier Creek Track Out

Track 4 - Week 1



Field Trip Information!

Pullen Park

520 Ashe Avenue, Raleigh, NC 27606

919-996-6468

At Pullen Park, participants will ride the Carousel and Train and have unlimited access to the playground.

NC Museum of History

5 East Edenton Street, Raleigh, NC 27601

919-807-7900

Campers will get up close and personal with North Carolina history through various cultural, sports, military & agricultural exhibits!

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants

Brier Creek Track Out

Track 4 - Week 2



Field Trip Information!

NC Zoo (Asheboro)

4401 Zoo Parkway, Asheboro, NC 27205

800-488-0444

Participants will spend the day exploring the NC Zoo where they can get up close and personal with animals from both the North American and African continents! Opportunities abound to learn about all types of plants and animals, as well as wildlife conservation. Lunch will be eaten at the Zoo, so participants should pack lunch and snacks that can travel!

Special note

Children may bring their electronics for the bus ride with this field trip **ONLY!** Staff will not be responsible for lost or stolen items.

TOX Finale (on site)

We will celebrate the last break of the school year with the Track Out Finale! Finale activities will be held on-site including carnival games, snacks, water games and more!

Lunch will be provided at our finale celebration!

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants



Brier Creek Track Out

Track 4 - Week 3



Field Trip Information!

Sky Zone

2101 Westinghouse Boulevard, Raleigh, NC 27604

919-948-4450

Participants will get to experience weightless bouncing at one of Raleigh's indoor trampoline facilities. Children will have unlimited access to all jumping areas. **This trip will require a waiver to be signed by each child's parent/guardian.**

Other Important Information

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants

Brier Creek Track Out

Track 4 - Week 4



Field Trip Information!

NO FIELD TRIPS THIS WEEK!

Track 4 returns to school on Wednesday!

****Other Important Information****

We may use paint in our art projects for the week. Please send children in old clothes if you are concerned with potential damage.

Food Experience—Please make staff aware of any allergies. This is not to replace the children's lunches or snacks. Please still pack their regular lunch and snacks for the day as some kids may not like what they make.

Reminders

Bring daily

- 1 lunch
- 2 snacks
- Milk will be provided at lunch
- Blanket or Towel (for Down Time)
- No Electronics

Field Trips

- Wear blue field trip shirt
- No additional money is needed for any field trips

Remember pink & white Key Tag and/or Photo ID when picking-up participants